



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Lieb, Alexander

Club: DAV Sektion Halle/Saale
Number: 306

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:27:22

Speed: 10.67 km/h
Running performance: 5:37 min/km

Rank in course/Total: 163 (of 581)

Rank in course/Men: 158 (of 475)

Best time in course: 1:39:32

Rank in category: 30(of 67)

Best time in the category: 1:39:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:38	5:20	25	4:33	126	4:34	3.30	17:38	5:20	25	4:33	126	4:34
Schlüsie	3.10	19:03	6:08	27	5:25	141	5:25	6.40	36:41	5:43	26	9:58	140	9:58
Hermannsklippe	2.60	16:35	6:22	28	5:11	127	5:11	9.00	53:16	5:55	27	15:09	138	15:09
Brocken	3.10	28:15	9:06	36	10:12	175	10:12	12.10	1:21:31	6:44	29	25:21	138	25:21
Eiserner Handwe	3.60	17:34	4:52	28	5:42	151	5:42	15.70	1:39:05	6:18	28	31:03	136	31:03
Schlüsie	4.10	17:45	4:19	36	6:11	207	6:11	19.80	1:56:50	5:54	28	37:14	143	37:14
Loddenke	3.10	14:41	4:44	39	5:22	233	5:22	22.90	2:11:31	5:44	30	42:36	153	42:36
Ilseburg/Markt	3.30	15:51	4:48	36	5:14	214	5:14	26.20	2:27:22	5:37	30	47:50	158	47:50