



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Eitner, Harald

Club: Weddingen
Number: 127

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:27:55

Speed: 10.63 km/h
Running performance: 5:39 min/km

Rank in course/Total: 169 (of 581)

Rank in course/Men: 164 (of 475)

Best time in course: 1:39:32

Rank in category: 26(of 77)

Best time in the category: 1:59:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:00	5:27	25	4:04	149	4:56	3.30	18:00	5:27	25	4:04	149	4:56
Schlüsie	3.10	19:18	6:13	28	3:50	161	5:40	6.40	37:18	5:49	25	7:54	151	10:35
Hermannsklippe	2.60	17:25	6:41	32	3:54	198	6:01	9.00	54:43	6:04	28	11:39	157	16:36
Brocken	3.10	27:07	8:44	16	5:39	121	9:04	12.10	1:21:50	6:45	25	17:18	142	25:40
Eiserner Handwe	3.60	17:55	4:58	30	3:30	173	6:03	15.70	1:39:45	6:21	24	20:03	144	31:43
Schlüsie	4.10	18:27	4:30	39	4:20	248	6:53	19.80	1:58:12	5:58	27	23:48	160	38:36
Loddenke	3.10	14:35	4:42	39	2:55	224	5:16	22.90	2:12:47	5:47	28	26:30	163	43:52
Ilseburg/Markt	3.30	15:08	4:35	21	2:06	140	4:31	26.20	2:27:55	5:38	26	28:29	164	48:23