



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Richter, Andre

Club: SV Pfeffersport
Number: 408

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:28:20

Speed: 10.52 km/h
Running performance: 5:40 min/km

Rank in course/Total: 173 (of 581)

Rank in course/Men: 168 (of 475)

Best time in course: 1:39:32

Rank in category: 24(of 68)

Best time in the category: 1:51:26

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:43	5:40	30	4:52	207	5:39	3.30	18:43	5:40	30	4:52	207	5:39
Schlüsie	3.10	19:59	6:26	27	5:06	207	6:21	6.40	38:42	6:02	29	9:54	205	11:59
Hermannsklippe	2.60	17:20	6:39	26	4:37	189	5:56	9.00	56:02	6:13	28	14:31	198	17:55
Brocken	3.10	30:15	9:45	35	9:08	240	12:12	12.10	1:26:17	7:07	30	23:39	213	30:07
Eiserner Handwe	3.60	17:09	4:45	17	3:55	127	5:17	15.70	1:43:26	6:35	27	27:33	195	35:24
Schlüsie	4.10	16:36	4:02	17	3:39	126	5:02	19.80	2:00:02	6:03	24	31:08	185	40:26
Loddenke	3.10	13:22	4:18	20	2:45	119	4:03	22.90	2:13:24	5:49	24	33:53	175	44:29
Ilseburg/Markt	3.30	14:56	4:31	14	3:01	116	4:19	26.20	2:28:20	5:39	24	36:54	168	48:48