



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Riediger, Anja

Club: Team Lotti
Number: 603

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 2:28:51

Speed: 10.48 km/h
Running performance: 5:41 min/km

Rank in course/Total: 180 (of 581)

Rank in course/Women: 6 (of 106)

Best time in course: 2:08:56

Rank in category: 2(of 11)

Best time in the category: 2:08:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	18:38	5:38	2	2:45	8	2:50	3.30	18:38	5:38	2	2:45	8	2:50
Schlüsie	3.10	20:36	6:38	2	4:01	11	4:01	6.40	39:14	6:07	2	6:46	10	6:46
Hermannsklippe	2.60	18:16	7:01	2	3:41	13	3:41	9.00	57:30	6:23	2	10:27	10	10:27
Brocken	3.10	28:41	9:15	2	4:25	8	4:32	12.10	1:26:11	7:07	2	14:52	9	14:52
Eiserner Handwe	3.60	17:36	4:53	2	2:24	6	2:24	15.70	1:43:47	6:36	2	17:16	7	17:16
Schlüsie	4.10	16:33	4:02	2	1:27	6	1:27	19.80	2:00:20	6:04	2	18:43	7	18:43
Loddenke	3.10	13:26	4:19	2	1:19	5	1:19	22.90	2:13:46	5:50	2	20:02	6	20:02
Ilseburg/Markt	3.30	15:05	4:34	1	-	4	1:05	26.20	2:28:51	5:40	2	19:55	6	19:55