



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Berkath, Petra

Club: TV Jahn Walsrode
Number: 59

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:29:47

Speed: 10.42 km/h
Running performance: 5:43 min/km

Rank in course/Total: 186 (of 581)

Rank in course/Women: 7 (of 106)

Best time in course: 2:08:56

Rank in category: 2(of 26)

Best time in the category: 2:19:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	19:09	5:48	2	2:39	12	3:21	3.30	19:09	5:48	2	2:39	12	3:21
Schlüsie	3.10	20:03	6:28	2	1:52	8	3:28	6.40	39:12	6:07	2	4:31	9	6:44
Hermannsklippe	2.60	17:22	6:40	2	1:09	7	2:47	9.00	56:34	6:17	2	5:40	8	9:31
Brocken	3.10	27:10	8:45	1	-	4	3:01	12.10	1:23:44	6:55	2	5:08	6	12:25
Eiserner Handwe	3.60	17:54	4:58	3	1:55	10	2:42	15.70	1:41:38	6:28	2	7:03	6	15:07
Schlüsie	4.10	18:15	4:27	6	1:49	22	3:09	19.80	1:59:53	6:03	2	8:52	6	18:16
Loddenke	3.10	14:19	4:37	4	1:07	16	2:12	22.90	2:14:12	5:51	2	9:59	7	20:28
Ilseburg/Markt	3.30	15:35	4:43	2	0:44	12	1:35	26.20	2:29:47	5:43	2	10:43	7	20:51