49. Brockenlauf

Ilsenburg / 07.09.2019

Detailed evaluation

Dreßler, Christian

Club: Halle
Number: 114

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:29:48

Speed: 10.49 km/h
Running performance: 5:43 min/km

Rank in course/Total: 187 (of 581)
Rank in course/Men: 180 (of 475)
Best time in course: 1:39:32

Rank in category: 24(of 47)
Best time in the category: 1:47:45

Intermediate times

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Stage score Total km	Stage score Total Time	Stage score Total min/km	Total ranking Pos Cat.	Total ranking Behind Cat.	Total ranking Pos Men	Total ranking Behind Men
Loddenke	3.30	20:49	6:18	34	7:45	330	7:45	3.30	20:49	6:18	34	7:45	330	7:45
Schlüsie	3.10	20:37	6:39	27	6:29	252	6:59	6.40	41:26	6:28	30	14:01	285	14:43
Hermannsklippe	2.60	16:55	6:30	21	4:31	155	5:31	9.00	58:21	6:29	29	18:32	258	20:14
Brocken	3.10	25:08	8:06	11	5:18	57	7:05	12.10	1:23:29	6:53	23	23:33	172	27:19
Eiserner Handwe	3.60	18:54	5:14	27	6:07	231	7:02	15.70	1:42:23	6:31	22	28:55	180	34:21
Schlüsie	4.10	17:30	4:16	25	5:28	190	5:56	19.80	1:59:53	6:03	23	34:02	182	40:17
Loddenke	3.10	14:14	4:35	26	4:13	194	4:55	22.90	2:14:07	5:51	24	37:46	182	45:12
Ilsenburg/Markt	3.30	15:41	4:45	26	4:43	197	5:04	26.20	2:29:48	5:43	24	42:03	180	50:16