



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Klimpke, Susan

Club: TV Rennerod Run for Fun
Number: 259

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:30:22

Speed: 10.37 km/h
Running performance: 5:44 min/km

Rank in course/Total: 193 (of 581)

Rank in course/Women: 8 (of 106)

Best time in course: 2:08:56

Rank in category: 2(of 11)

Best time in the category: 2:13:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	18:27	5:35	2	2:30	7	2:39	3.30	18:27	5:35	2	2:30	7	2:39
Schlüsie	3.10	19:27	6:16	2	1:52	6	2:52	6.40	37:54	5:55	2	4:22	6	5:26
Hermannsklippe	2.60	17:21	6:40	2	1:56	6	2:46	9.00	55:15	6:08	2	6:18	6	8:12
Brocken	3.10	31:04	10:01	2	5:36	14	6:55	12.10	1:26:19	7:08	2	11:54	10	15:00
Eiserner Handwe	3.60	17:44	4:55	2	0:50	8	2:32	15.70	1:44:03	6:37	2	12:44	9	17:32
Schlüsie	4.10	17:11	4:11	2	1:09	7	2:05	19.80	2:01:14	6:07	2	13:53	8	19:37
Loddenke	3.10	13:40	4:24	2	1:08	8	1:33	22.90	2:14:54	5:53	2	15:01	8	21:10
Ilseburg/Markt	3.30	15:28	4:41	2	1:28	8	1:28	26.20	2:30:22	5:44	2	16:29	8	21:26