



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Niedung, Heidi

Club: Prinzess-Ilse-Grundschule  
Number: 1011

Course: 1.80 km  
1,8 km - Lauf

Category:  
weibliche Kinder U10 (8-9 Jahre)

Total time: 10:23

Speed: 5.78 km/h  
Running performance: 5:46 min/km

Rank in course/Total: 86 (of 128)

Rank in course/Women: 33 (of 54)

Best time in course: 7:05

Rank in category: 14(of 25)

Best time in the category: 7:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Blochhauer	0.90	4:55	5:27	9	1:02	26	1:24	0.90	4:55	5:27	9	1:02	53	1:24
Ilseburg/Markt	0.90	5:28	6:04	15	1:37	35	1:54	1.80	10:23	5:46	14	2:39	33	3:18