



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Bockermann, Pia

Club: TriAs Hildesheim
Number: 67

Course: 26.20 km
26,2 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 2:31:30

Speed: 10.38 km/h
Running performance: 5:47 min/km

Rank in course/Total: 202 (of 581)

Rank in course/Women: 9 (of 106)

Best time in course: 2:08:56

Rank in category: 2(of 14)

Best time in the category: 2:20:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	19:10	5:48	3	3:22	13	3:22	3.30	19:10	5:48	3	3:22	13	3:22
Schlüsie	3.10	19:45	6:22	2	1:13	7	3:10	6.40	38:55	6:04	2	4:35	8	6:27
Hermannsklippe	2.60	17:26	6:42	2	1:00	8	2:51	9.00	56:21	6:15	2	5:35	7	9:18
Brocken	3.10	29:23	9:28	2	0:58	10	5:14	12.10	1:25:44	7:05	2	6:33	8	14:25
Eiserner Handwe	3.60	18:36	5:10	2	2:42	15	3:24	15.70	1:44:20	6:38	2	9:15	10	17:49
Schlüsie	4.10	17:34	4:17	2	1:11	9	2:28	19.80	2:01:54	6:09	2	10:26	9	20:17
Loddenke	3.10	14:05	4:32	3	0:37	14	1:58	22.90	2:15:59	5:56	2	11:03	9	22:15
Ilseburg/Markt	3.30	15:31	4:42	4	0:10	11	1:31	26.20	2:31:30	5:46	2	11:08	9	22:34