



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

**Sary, Dieter**

Club: NIX tun kann JEDER  
Number: 493

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 2:31:41

Speed: 10.36 km/h  
Running performance: 5:47 min/km

Rank in course/Total: 206 (of 581)

Rank in course/Men: 197 (of 475)

Best time in course: 1:39:32

Rank in category: 14(of 40)

Best time in the category: 2:17:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:19	5:33	10	1:30	166	5:15	3.30	18:19	5:33	10	1:30	166	5:15
Schlüsie	3.10	19:56	6:25	11	1:27	204	6:18	6.40	38:15	5:58	11	2:16	180	11:32
Hermannsklippe	2.60	17:34	6:45	10	2:00	219	6:10	9.00	55:49	6:12	10	4:01	189	17:42
Brocken	3.10	29:48	9:36	13	4:35	219	11:45	12.10	1:25:37	7:04	12	8:36	199	29:27
Eiserner Handwe	3.60	17:43	4:55	9	2:07	160	5:51	15.70	1:43:20	6:34	12	9:03	193	35:18
Schlüsie	4.10	16:09	3:56	5	1:05	100	4:35	19.80	1:59:29	6:02	9	9:27	168	39:53
Loddenke	3.10	15:21	4:57	23	2:35	288	6:02	22.90	2:14:50	5:53	12	12:02	188	45:55
Ilseburg/Markt	3.30	16:51	5:06	19	2:28	278	6:14	26.20	2:31:41	5:47	14	14:22	197	52:09