



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Maier, Frank

Club: Meyenburg
Number: 5

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:32:00

Speed: 10.26 km/h
Running performance: 5:48 min/km

Rank in course/Total: 211 (of 581)

Rank in course/Men: 202 (of 475)

Best time in course: 1:39:32

Rank in category: 34(of 77)

Best time in the category: 1:59:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:22	5:52	42	5:26	246	6:18	3.30	19:22	5:52	42	5:26	246	6:18
Schlüsie	3.10	20:41	6:40	41	5:13	259	7:03	6.40	40:03	6:15	41	10:39	247	13:20
Hermannsklippe	2.60	18:00	6:55	38	4:29	241	6:36	9.00	58:03	6:26	41	14:59	249	19:56
Brocken	3.10	30:15	9:45	38	8:47	240	12:12	12.10	1:28:18	7:17	40	23:46	251	32:08
Eiserner Handwe	3.60	18:00	5:00	31	3:35	177	6:08	15.70	1:46:18	6:46	37	26:36	230	38:16
Schlüsie	4.10	17:13	4:11	29	3:06	170	5:39	19.80	2:03:31	6:14	34	29:07	219	43:55
Loddenke	3.10	13:46	4:26	23	2:06	161	4:27	22.90	2:17:17	5:59	34	31:00	210	48:22
Ilseburg/Markt	3.30	14:43	4:27	16	1:41	110	4:06	26.20	2:32:00	5:48	34	32:34	202	52:28