



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Hartmann, Stephan

Club: Suhr
Number: 22

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:32:14

Speed: 10.25 km/h
Running performance: 5:49 min/km

Rank in course/Total: 212 (of 581)

Rank in course/Men: 203 (of 475)

Best time in course: 1:39:32

Rank in category: 28(of 68)

Best time in the category: 1:51:26

| Intermediate times | | | | | Stage score | | | | Total ranking | | | | | |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 19:17 | 5:50 | 34 | 5:26 | 240 | 6:13 | 3.30 | 19:17 | 5:50 | 34 | 5:26 | 240 | 6:13 |
| Schlüsie | 3.10 | 19:10 | 6:10 | 17 | 4:17 | 143 | 5:32 | 6.40 | 38:27 | 6:00 | 25 | 9:39 | 193 | 11:44 |
| Hermannsklippe | 2.60 | 17:06 | 6:34 | 21 | 4:23 | 170 | 5:42 | 9.00 | 55:33 | 6:10 | 26 | 14:02 | 186 | 17:26 |
| Brocken | 3.10 | 27:25 | 8:50 | 18 | 6:18 | 137 | 9:22 | 12.10 | 1:22:58 | 6:51 | 21 | 20:20 | 158 | 26:48 |
| Eiserner Handwe | 3.60 | 18:10 | 5:02 | 30 | 4:56 | 186 | 6:18 | 15.70 | 1:41:08 | 6:26 | 22 | 25:15 | 164 | 33:06 |
| Schlüsie | 4.10 | 19:15 | 4:41 | 38 | 6:18 | 288 | 7:41 | 19.80 | 2:00:23 | 6:04 | 25 | 31:29 | 188 | 40:47 |
| Loddenke | 3.10 | 14:54 | 4:48 | 31 | 4:17 | 256 | 5:35 | 22.90 | 2:15:17 | 5:54 | 26 | 35:46 | 193 | 46:22 |
| Ilseburg/Markt | 3.30 | 16:57 | 5:08 | 36 | 5:02 | 285 | 6:20 | 26.20 | 2:32:14 | 5:48 | 28 | 40:48 | 203 | 52:42 |