



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Brüchner, Marion

Number: 84

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 2:32:48

Speed: 10.29 km/h  
Running performance: 5:50 min/km

Rank in course/Total: 215 (of 581)

Rank in course/Women: 10 (of 106)

Best time in course: 2:08:56

Rank in category: 3(of 26)

Best time in the category: 2:19:04

| Intermediate times |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Women | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Loddenke           | 3.30     | 19:30      | 5:54         | 4           | 3:00        | 18        | 3:42         | 3.30          | 19:30      | 5:54         | 4        | 3:00        | 18        | 3:42         |
| Schlüsie           | 3.10     | 20:27      | 6:35         | 3           | 2:16        | 10        | 3:52         | 6.40          | 39:57      | 6:14         | 3        | 5:16        | 11        | 7:29         |
| Hermannsklippe     | 2.60     | 17:49      | 6:51         | 3           | 1:36        | 9         | 3:14         | 9.00          | 57:46      | 6:25         | 3        | 6:52        | 11        | 10:43        |
| Brocken            | 3.10     | 27:52      | 8:59         | 3           | 0:42        | 6         | 3:43         | 12.10         | 1:25:38    | 7:04         | 3        | 7:02        | 7         | 14:19        |
| Eiserner Handwe    | 3.60     | 18:22      | 5:06         | 5           | 2:23        | 13        | 3:10         | 15.70         | 1:44:00    | 6:37         | 3        | 9:25        | 8         | 17:29        |
| Schlüsie           | 4.10     | 18:01      | 4:23         | 3           | 1:35        | 15        | 2:55         | 19.80         | 2:02:01    | 6:09         | 3        | 11:00       | 10        | 20:24        |
| Loddenke           | 3.10     | 14:30      | 4:40         | 5           | 1:18        | 18        | 2:23         | 22.90         | 2:16:31    | 5:57         | 3        | 12:18       | 10        | 22:47        |
| Ilseburg/Markt     | 3.30     | 16:17      | 4:56         | 5           | 1:26        | 17        | 2:17         | 26.20         | 2:32:48    | 5:49         | 3        | 13:44       | 10        | 23:52        |