



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Arendt, Marcel

Club: Halberstadt
Number: 40

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:32:49

Speed: 10.29 km/h
Running performance: 5:50 min/km

Rank in course/Total: 216 (of 581)

Rank in course/Men: 206 (of 475)

Best time in course: 1:39:32

Rank in category: 36(of 67)

Best time in the category: 1:39:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:17	5:32	28	5:12	164	5:13	3.30	18:17	5:32	28	5:12	164	5:13
Schlüsie	3.10	20:19	6:33	42	6:41	236	6:41	6.40	38:36	6:01	32	11:53	200	11:53
Hermannsklippe	2.60	18:08	6:58	43	6:44	250	6:44	9.00	56:44	6:18	35	18:37	215	18:37
Brocken	3.10	32:30	10:29	54	14:27	316	14:27	12.10	1:29:14	7:22	45	33:04	262	33:04
Eiserner Handwe	3.60	17:43	4:55	29	5:51	160	5:51	15.70	1:46:57	6:48	42	38:55	243	38:55
Schlüsie	4.10	16:31	4:01	24	4:57	122	4:57	19.80	2:03:28	6:14	38	43:52	217	43:52
Loddenke	3.10	13:43	4:25	27	4:24	156	4:24	22.90	2:17:11	5:59	36	48:16	208	48:16
Ilseburg/Markt	3.30	15:38	4:44	34	5:01	192	5:01	26.20	2:32:49	5:49	36	53:17	206	53:17