



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Arendt, Marcel

Club: Halberstadt  
Number: 40

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:32:49

Speed: 10.21 km/h  
Running performance: 5:50 min/km

Rank in course/Total: 216 (of 581)

Rank in course/Men: 206 (of 475)

Best time in course: 1:39:32

Rank in category: 36(of 67)

Best time in the category: 1:39:32

Intermediate times

Stage score

Total ranking

| Control         | Split |       | Pos   | Behind | Pos    |      | Total | Total | Total   | Pos  | Behind | Pos   | Behind |       |
|-----------------|-------|-------|-------|--------|--------|------|-------|-------|---------|------|--------|-------|--------|-------|
|                 | km    | Time  |       |        | min/km | Cat. |       |       |         |      |        |       |        | Cat.  |
| Loddenke        | 3.30  | 18:17 | 5:32  | 28     | 5:12   | 164  | 5:13  | 3.30  | 18:17   | 5:32 | 28     | 5:12  | 164    | 5:13  |
| Schlüsie        | 3.10  | 20:19 | 6:33  | 42     | 6:41   | 236  | 6:41  | 6.40  | 38:36   | 6:01 | 32     | 11:53 | 200    | 11:53 |
| Hermannsklippe  | 2.60  | 18:08 | 6:58  | 43     | 6:44   | 250  | 6:44  | 9.00  | 56:44   | 6:18 | 35     | 18:37 | 215    | 18:37 |
| Brocken         | 3.10  | 32:30 | 10:29 | 54     | 14:27  | 316  | 14:27 | 12.10 | 1:29:14 | 7:22 | 45     | 33:04 | 262    | 33:04 |
| Eiserner Handwe | 3.60  | 17:43 | 4:55  | 29     | 5:51   | 160  | 5:51  | 15.70 | 1:46:57 | 6:48 | 42     | 38:55 | 243    | 38:55 |
| Schlüsie        | 4.10  | 16:31 | 4:01  | 24     | 4:57   | 122  | 4:57  | 19.80 | 2:03:28 | 6:14 | 38     | 43:52 | 217    | 43:52 |
| Loddenke        | 3.10  | 13:43 | 4:25  | 27     | 4:24   | 156  | 4:24  | 22.90 | 2:17:11 | 5:59 | 36     | 48:16 | 208    | 48:16 |
| Ilseburg/Markt  | 3.30  | 15:38 | 4:44  | 34     | 5:01   | 192  | 5:01  | 26.20 | 2:32:49 | 5:49 | 36     | 53:17 | 206    | 53:17 |