



49. Brockenlauf

Ilseburg / 07.09.2019

Detailed evaluation

Döppelheuer, Nick

Club: Brockenlaufverein
Number: 111

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:33:34

Speed: 10.16 km/h
Running performance: 5:52 min/km

Rank in course/Total: 222 (of 581)

Rank in course/Men: 212 (of 475)

Best time in course: 1:39:32

Rank in category: 19(of 36)

Best time in the category: 1:57:34

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:16	5:50	22	5:21	236	6:12	3.30	19:16	5:50	22	5:21	236	6:12
Schlüsie	3.10	20:33	6:37	23	5:40	248	6:55	6.40	39:49	6:13	23	11:01	241	13:06
Hermannsklippe	2.60	17:32	6:44	24	4:41	214	6:08	9.00	57:21	6:22	22	15:42	229	19:14
Brocken	3.10	27:49	8:58	16	6:41	154	9:46	12.10	1:25:10	7:02	20	22:23	192	29:00
Eiserner Handwe	3.60	19:11	5:19	21	5:31	248	7:19	15.70	1:44:21	6:38	19	26:30	207	36:19
Schlüsie	4.10	17:43	4:19	20	4:38	205	6:09	19.80	2:02:04	6:09	19	28:21	202	42:28
Loddenke	3.10	14:45	4:45	23	3:35	243	5:26	22.90	2:16:49	5:58	20	31:56	207	47:54
Ilseburg/Markt	3.30	16:45	5:04	25	4:04	271	6:08	26.20	2:33:34	5:51	19	36:00	212	54:02