



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Balzer, Frank

Club: SV Einheit Grimma  
Number: 45

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 2:34:42

Speed: 10.08 km/h  
Running performance: 5:54 min/km

Rank in course/Total: 232 (of 581)

Rank in course/Men: 221 (of 475)

Best time in course: 1:39:32

Rank in category: 17(of 40)

Best time in the category: 2:17:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:08	5:29	7	1:19	156	5:04	3.30	18:08	5:29	7	1:19	156	5:04
Schlüsie	3.10	19:51	6:24	10	1:22	194	6:13	6.40	37:59	5:56	10	2:00	173	11:16
Hermannsklippe	2.60	17:51	6:51	14	2:17	233	6:27	9.00	55:50	6:12	11	4:02	190	17:43
Brocken	3.10	31:18	10:05	19	6:05	282	13:15	12.10	1:27:08	7:12	15	10:07	226	30:58
Eiserner Handwe	3.60	18:58	5:16	20	3:22	232	7:06	15.70	1:46:06	6:45	15	11:49	227	38:04
Schlüsie	4.10	18:28	4:30	22	3:24	251	6:54	19.80	2:04:34	6:17	15	14:32	228	44:58
Loddenke	3.10	14:32	4:41	16	1:46	219	5:13	22.90	2:19:06	6:04	16	16:18	225	50:11
Ilseburg/Markt	3.30	15:36	4:43	14	1:13	190	4:59	26.20	2:34:42	5:54	17	17:23	221	55:10