



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Keule, Jens

Club: Ski Klub Wernigerode
Number: 19

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:35:07

Speed: 10.06 km/h
Running performance: 5:55 min/km

Rank in course/Total: 234 (of 581)

Rank in course/Men: 223 (of 475)

Best time in course: 1:39:32

Rank in category: 20(of 59)

Best time in the category: 2:07:29

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:38	5:38	24	2:46	196	5:34	3.30	18:38	5:38	24	2:46	196	5:34
Schlüsie	3.10	20:19	6:33	24	3:42	236	6:41	6.40	38:57	6:05	22	6:28	214	12:14
Hermannsklippe	2.60	18:17	7:01	27	3:43	260	6:53	9.00	57:14	6:21	23	10:11	227	19:07
Brocken	3.10	30:27	9:49	25	6:00	252	12:24	12.10	1:27:41	7:14	24	16:11	233	31:31
Eiserner Handwe	3.60	18:22	5:06	22	3:29	202	6:30	15.70	1:46:03	6:45	23	19:40	226	38:01
Schlüsie	4.10	17:31	4:16	18	2:44	192	5:57	19.80	2:03:34	6:14	21	22:09	220	43:58
Loddenke	3.10	14:30	4:40	22	2:18	217	5:11	22.90	2:18:04	6:01	20	24:24	216	49:09
Ilseburg/Markt	3.30	17:03	5:10	36	3:15	291	6:26	26.20	2:35:07	5:55	20	27:38	223	55:35