



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Von Iven, Katrin

Club: LSG Ascania
Number: 608

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 2:36:21

Speed: 9.98 km/h
Running performance: 5:58 min/km

Rank in course/Total: 248 (of 581)

Rank in course/Women: 12 (of 106)

Best time in course: 2:08:56

Rank in category: 1(of 19)

Best time in the category: 2:36:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:18	6:09	4	0:53	31	4:30	3.30	20:18	6:09	4	0:53	31	4:30
Schlüsie	3.10	20:41	6:40	1	-	13	4:06	6.40	40:59	6:24	1	-	19	8:31
Hermannsklippe	2.60	18:13	7:00	1	-	11	3:38	9.00	59:12	6:34	1	-	15	12:09
Brocken	3.10	30:59	9:59	2	1:46	12	6:50	12.10	1:30:11	7:27	1	-	13	18:52
Eiserner Handwe	3.60	18:54	5:14	2	0:26	19	3:42	15.70	1:49:05	6:56	1	-	13	22:34
Schlüsie	4.10	17:56	4:22	1	-	14	2:50	19.80	2:07:01	6:24	1	-	13	25:24
Loddenke	3.10	13:37	4:23	1	-	7	1:30	22.90	2:20:38	6:08	1	-	13	26:54
Ilseburg/Markt	3.30	15:43	4:45	1	-	13	1:43	26.20	2:36:21	5:58	1	-	12	27:25