



49. Brockenlauf Ilseburg / 07.09.2019

Detailed evaluation

Brachmann, Ronald

Club: Brockenlaufverein
Number: 77

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:36:46

Speed: 9.95 km/h
Running performance: 5:59 min/km

Rank in course/Total: 257 (of 581)

Rank in course/Men: 245 (of 475)

Best time in course: 1:39:32

Rank in category: 18(of 40)

Best time in the category: 2:17:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:37	5:38	15	1:48	194	5:33	3.30	18:37	5:38	15	1:48	194	5:33
Schlüsse	3.10	21:00	6:46	17	2:31	277	7:22	6.40	39:37	6:11	17	3:38	239	12:54
Hermannsklippe	2.60	19:00	7:18	18	3:26	308	7:36	9.00	58:37	6:30	17	6:49	266	20:30
Brocken	3.10	31:04	10:01	17	5:51	273	13:01	12.10	1:29:41	7:24	16	12:40	269	33:31
Eiserner Handwe	3.60	18:17	5:04	16	2:41	193	6:25	15.70	1:47:58	6:52	16	13:41	252	39:56
Schlüsse	4.10	17:51	4:21	19	2:47	214	6:17	19.80	2:05:49	6:21	18	15:47	250	46:13
Loddenke	3.10	14:36	4:42	17	1:50	226	5:17	22.90	2:20:25	6:07	18	17:37	244	51:30
Ilseburg/Markt	3.30	16:21	4:57	16	1:58	243	5:44	26.20	2:36:46	5:59	18	19:27	245	57:14