



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Schilling, Karl

Club: VfB 26 Beberstedt
Number: 440

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:37:10

Speed: 10.00 km/h
Running performance: 6:00 min/km

Rank in course/Total: 261 (of 581)

Rank in course/Men: 248 (of 475)

Best time in course: 1:39:32

Rank in category: 27(of 59)

Best time in the category: 2:07:29

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:23	5:34	20	2:31	173	5:19	3.30	18:23	5:34	20	2:31	173	5:19
Schlüsie	3.10	20:48	6:42	30	4:11	266	7:10	6.40	39:11	6:07	24	6:42	220	12:28
Hermannsklippe	2.60	18:34	7:08	33	4:00	285	7:10	9.00	57:45	6:25	28	10:42	243	19:38
Brocken	3.10	31:39	10:12	34	7:12	291	13:36	12.10	1:29:24	7:23	31	17:54	264	33:14
Eiserner Handwe	3.60	17:57	4:59	18	3:04	174	6:05	15.70	1:47:21	6:50	28	20:58	248	39:19
Schlüsie	4.10	18:09	4:25	23	3:22	235	6:35	19.80	2:05:30	6:20	25	24:05	240	45:54
Loddenke	3.10	14:54	4:48	27	2:42	256	5:35	22.90	2:20:24	6:07	26	26:44	243	51:29
Ilseburg/Markt	3.30	16:46	5:04	30	2:58	272	6:09	26.20	2:37:10	5:59	27	29:41	248	57:38