



49. Brockenlauf Ilseburg / 07.09.2019

Detailed evaluation

Kleffner, Werner

Club: Lauftreff Wewer
Number: 254

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 2:37:24

Speed: 9.99 km/h
Running performance: 6:01 min/km

Rank in course/Total: 264 (of 581)

Rank in course/Men: 251 (of 475)

Best time in course: 1:39:32

Rank in category: 3(of 15)

Best time in the category: 2:31:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:01	6:03	4	1:44	280	6:57	3.30	20:01	6:03	4	1:44	280	6:57
Schlüsle	3.10	19:16	6:12	1	-	156	5:38	6.40	39:17	6:08	3	1:05	223	12:34
Hermannsklippe	2.60	17:06	6:34	1	-	170	5:42	9.00	56:23	6:15	2	0:52	206	18:16
Brocken	3.10	26:55	8:40	1	-	112	8:52	12.10	1:23:18	6:53	1	-	168	27:08
Eiserner Handwe	3.60	20:26	5:40	6	2:34	309	8:34	15.70	1:43:44	6:36	2	1:14	198	35:42
Schlüsle	4.10	21:34	5:15	8	4:07	389	10:00	19.80	2:05:18	6:19	2	5:21	239	45:42
Loddenke	3.10	15:51	5:06	6	2:29	325	6:32	22.90	2:21:09	6:09	3	6:20	254	52:14
Ilseburg/Markt	3.30	16:15	4:55	3	1:11	237	5:38	26.20	2:37:24	6:00	3	5:48	251	57:52