



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Roth, Klaus

Club: Holle
Number: 420

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:37:59

Speed: 9.95 km/h
Running performance: 6:02 min/km

Rank in course/Total: 267 (of 581)

Rank in course/Men: 254 (of 475)

Best time in course: 1:39:32

Rank in category: 19(of 40)

Best time in the category: 2:17:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:08	5:29	7	1:19	156	5:04	3.30	18:08	5:29	7	1:19	156	5:04
Schlüsie	3.10	20:47	6:42	16	2:18	264	7:09	6.40	38:55	6:04	14	2:56	210	12:12
Hermannsklippe	2.60	18:56	7:16	17	3:22	301	7:32	9.00	57:51	6:25	16	6:03	245	19:44
Brocken	3.10	33:25	10:46	20	8:12	340	15:22	12.10	1:31:16	7:32	19	14:15	290	35:06
Eiserner Handwe	3.60	17:23	4:49	7	1:47	140	5:31	15.70	1:48:39	6:55	18	14:22	261	40:37
Schlüsie	4.10	17:50	4:20	18	2:46	212	6:16	19.80	2:06:29	6:23	19	16:27	254	46:53
Loddenke	3.10	14:18	4:36	14	1:32	203	4:59	22.90	2:20:47	6:08	19	17:59	249	51:52
Ilseburg/Markt	3.30	17:12	5:12	21	2:49	297	6:35	26.20	2:37:59	6:01	19	20:40	254	58:27