



49. Brockenlauf Ilseburg / 07.09.2019

Detailed evaluation

Ionescu, Lucian

Club: Berlin
Number: 220

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:38:24

Speed: 9.92 km/h
Running performance: 6:03 min/km

Rank in course/Total: 271 (of 581)

Rank in course/Men: 257 (of 475)

Best time in course: 1:39:32

Rank in category: 29(of 47)

Best time in the category: 1:47:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:48	6:00	27	6:44	268	6:44	3.30	19:48	6:00	27	6:44	268	6:44
Schlüsse	3.10	21:08	6:49	32	7:00	288	7:30	6.40	40:56	6:23	28	13:31	270	14:13
Hermannsklippe	2.60	18:14	7:00	33	5:50	257	6:50	9.00	59:10	6:34	32	19:21	278	21:03
Brocken	3.10	31:59	10:19	35	12:09	300	13:56	12.10	1:31:09	7:31	34	31:13	289	34:59
Eiserner Handwe	3.60	19:43	5:28	29	6:56	275	7:51	15.70	1:50:52	7:03	31	37:24	281	42:50
Schlüsse	4.10	18:23	4:29	30	6:21	244	6:49	19.80	2:09:15	6:31	31	43:24	277	49:39
Loddenke	3.10	13:40	4:24	20	3:39	151	4:21	22.90	2:22:55	6:14	30	46:34	266	54:00
Ilseburg/Markt	3.30	15:29	4:41	22	4:31	175	4:52	26.20	2:38:24	6:02	29	50:39	257	58:52