



49. Brockenlauf Ilseburg / 07.09.2019

Detailed evaluation

Lüdtke, Mathias

Club: fettleibige Ballenstedter
Number: 315

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:39:36

Speed: 9.85 km/h
Running performance: 6:05 min/km

Rank in course/Total: 281 (of 581)

Rank in course/Men: 265 (of 475)

Best time in course: 1:39:32

Rank in category: 29(of 59)

Best time in the category: 2:07:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:22	6:10	38	4:30	302	7:18	3.30	20:22	6:10	38	4:30	302	7:18
Schlüsie	3.10	20:35	6:38	27	3:58	250	6:57	6.40	40:57	6:23	32	8:28	271	14:14
Hermannsklippe	2.60	18:15	7:01	25	3:41	258	6:51	9.00	59:12	6:34	33	12:09	281	21:05
Brocken	3.10	33:11	10:42	39	8:44	330	15:08	12.10	1:32:23	7:38	34	20:53	300	36:13
Eiserner Handwe	3.60	19:40	5:27	30	4:47	273	7:48	15.70	1:52:03	7:08	33	25:40	295	44:01
Schlüsie	4.10	18:08	4:25	22	3:21	233	6:34	19.80	2:10:11	6:34	31	28:46	285	50:35
Loddenke	3.10	14:16	4:36	18	2:04	197	4:57	22.90	2:24:27	6:18	30	30:47	279	55:32
Ilseburg/Markt	3.30	15:09	4:35	15	1:21	145	4:32	26.20	2:39:36	6:05	29	32:07	265	1:00:04