



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Hümpel, Stefan

Club: Rethen
Number: 217

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:39:38

Speed: 9.77 km/h
Running performance: 6:05 min/km

Rank in course/Total: 282 (of 581)

Rank in course/Men: 266 (of 475)

Best time in course: 1:39:32

Rank in category: 42(of 77)

Best time in the category: 1:59:26

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:50	5:42	37	4:54	214	5:46	3.30	18:50	5:42	37	4:54	214	5:46
Schlüsie	3.10	20:06	6:29	37	4:38	220	6:28	6.40	38:56	6:04	36	9:32	212	12:13
Hermannsklippe	2.60	17:41	6:48	36	4:10	222	6:17	9.00	56:37	6:17	36	13:33	212	18:30
Brocken	3.10	30:37	9:52	41	9:09	260	12:34	12.10	1:27:14	7:12	36	22:42	228	31:04
Eiserner Handwe	3.60	19:16	5:21	41	4:51	254	7:24	15.70	1:46:30	6:47	39	26:48	233	38:28
Schlüsie	4.10	19:42	4:48	50	5:35	305	8:08	19.80	2:06:12	6:22	41	31:48	252	46:36
Loddenke	3.10	16:07	5:11	57	4:27	337	6:48	22.90	2:22:19	6:12	42	36:02	263	53:24
Ilseburg/Markt	3.30	17:19	5:14	54	4:17	307	6:42	26.20	2:39:38	6:05	42	40:12	266	1:00:06