



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Fierke, Iven

Club: BSG Tonfunk
Number: 139

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:39:52

Speed: 9.83 km/h
Running performance: 6:06 min/km

Rank in course/Total: 285 (of 581)

Rank in course/Men: 269 (of 475)

Best time in course: 1:39:32

Rank in category: 35(of 55)

Best time in the category: 1:53:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total			Pos		Behind	
				Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Loddenke	3.30	20:01	6:03	32	6:19	280	6:57	3.30	20:01	6:03	32	6:19	280	6:57
Schlüsie	3.10	20:36	6:38	35	5:32	251	6:58	6.40	40:37	6:20	34	11:49	261	13:54
Hermannsklippe	2.60	17:28	6:43	30	4:33	204	6:04	9.00	58:05	6:27	34	16:13	252	19:58
Brocken	3.10	30:23	9:48	33	9:57	250	12:20	12.10	1:28:28	7:18	34	25:30	252	32:18
Eiserner Handwe	3.60	19:16	5:21	32	6:06	254	7:24	15.70	1:47:44	6:51	33	30:15	251	39:42
Schlüsie	4.10	19:17	4:42	40	6:31	290	7:43	19.80	2:07:01	6:24	33	36:46	259	47:25
Loddenke	3.10	15:27	4:59	40	4:40	299	6:08	22.90	2:22:28	6:13	35	41:15	265	53:33
Ilseburg/Markt	3.30	17:24	5:16	37	5:15	312	6:47	26.20	2:39:52	6:06	35	46:06	269	1:00:20