



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Becker, Stefan

Club: TSV 1900 Königshütte
Number: 53

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:40:14

Speed: 9.74 km/h
Running performance: 6:07 min/km

Rank in course/Total: 289 (of 581)

Rank in course/Men: 273 (of 475)

Best time in course: 1:39:32

Rank in category: 36(of 55)

Best time in the category: 1:53:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:00	6:03	31	6:18	279	6:56	3.30	20:00	6:03	31	6:18	279	6:56
Schlüsie	3.10	20:06	6:29	32	5:02	220	6:28	6.40	40:06	6:15	32	11:18	248	13:23
Hermannsklippe	2.60	17:45	6:49	35	4:50	226	6:21	9.00	57:51	6:25	33	15:59	245	19:44
Brocken	3.10	31:13	10:04	35	10:47	280	13:10	12.10	1:29:04	7:21	36	26:06	260	32:54
Eiserner Handwe	3.60	20:01	5:33	36	6:51	287	8:09	15.70	1:49:05	6:56	36	31:36	268	41:03
Schlüsie	4.10	19:12	4:40	39	6:26	284	7:38	19.80	2:08:17	6:28	36	38:02	272	48:41
Loddenke	3.10	15:13	4:54	38	4:26	277	5:54	22.90	2:23:30	6:15	36	42:17	271	54:35
Ilseburg/Markt	3.30	16:44	5:04	33	4:35	268	6:07	26.20	2:40:14	6:06	36	46:28	273	1:00:42