



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Tylske, Sascha

Number: 522

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:41:01

Speed: 9.69 km/h
Running performance: 6:09 min/km

Rank in course/Total: 291 (of 581)

Rank in course/Men: 275 (of 475)

Best time in course: 1:39:32

Rank in category: 45(of 67)

Best time in the category: 1:39:32

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:21	5:51	38	6:16	243	6:17	3.30	19:21	5:51	38	6:16	243	6:17
Schlüsie	3.10	20:10	6:30	38	6:32	225	6:32	6.40	39:31	6:10	39	12:48	236	12:48
Hermannsklippe	2.60	18:32	7:07	48	7:08	281	7:08	9.00	58:03	6:26	43	19:56	249	19:56
Brocken	3.10	31:07	10:02	47	13:04	275	13:04	12.10	1:29:10	7:22	44	33:00	261	33:00
Eiserner Handwe	3.60	20:00	5:33	48	8:08	286	8:08	15.70	1:49:10	6:57	46	41:08	269	41:08
Schlüsie	4.10	20:14	4:56	49	8:40	329	8:40	19.80	2:09:24	6:32	46	49:48	279	49:48
Loddenke	3.10	14:37	4:42	38	5:18	228	5:18	22.90	2:24:01	6:17	46	55:06	274	55:06
Ilseburg/Markt	3.30	17:00	5:09	47	6:23	288	6:23	26.20	2:41:01	6:08	45	1:01:29	275	1:01:29