



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Rohwedder, Dennis

Club: Drübeck
Number: 4

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:41:44

Speed: 9.65 km/h
Running performance: 6:10 min/km

Rank in course/Total: 294 (of 581)

Rank in course/Men: 278 (of 475)

Best time in course: 1:39:32

Rank in category: 47(of 77)

Best time in the category: 1:59:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Loddenke	3.30	18:51	5:42	39	4:55	218	5:47	3.30	18:51	5:42	39	4:55	218	5:47				
Schlüsie	3.10	20:22	6:34	38	4:54	240	6:44	6.40	39:13	6:07	37	9:49	221	12:30				
Hermannsklippe	2.60	17:28	6:43	34	3:57	204	6:04	9.00	56:41	6:17	37	13:37	214	18:34				
Brocken	3.10	32:00	10:19	47	10:32	301	13:57	12.10	1:28:41	7:19	41	24:09	253	32:31				
Eiserner Handwe	3.60	20:34	5:42	51	6:09	315	8:42	15.70	1:49:15	6:57	44	29:33	271	41:13				
Schlüsie	4.10	20:32	5:00	54	6:25	342	8:58	19.80	2:09:47	6:33	48	35:23	281	50:11				
Loddenke	3.10	15:15	4:55	46	3:35	281	5:56	22.90	2:25:02	6:20	49	38:45	283	56:07				
Ilseburg/Markt	3.30	16:42	5:03	45	3:40	263	6:05	26.20	2:41:44	6:10	47	42:18	278	1:02:12				