



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Faustmann, Lisa

Club: Hamburg
Number: 137

Course: 26.20 km
26,2 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 2:41:46

Speed: 9.64 km/h
Running performance: 6:10 min/km

Rank in course/Total: 295 (of 581)

Rank in course/Women: 17 (of 106)

Best time in course: 2:08:56

Rank in category: 4(of 14)

Best time in the category: 2:20:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:10	6:06	5	4:22	28	4:22	3.30	20:10	6:06	5	4:22	28	4:22
Schlüsie	3.10	20:26	6:35	3	1:54	9	3:51	6.40	40:36	6:20	3	6:16	15	8:08
Hermannsklippe	2.60	17:55	6:53	3	1:29	10	3:20	9.00	58:31	6:30	3	7:45	13	11:28
Brocken	3.10	32:27	10:28	5	4:02	22	8:18	12.10	1:30:58	7:31	3	11:47	14	19:39
Eiserner Handwe	3.60	20:52	5:47	9	4:58	42	5:40	15.70	1:51:50	7:07	4	16:45	18	25:19
Schlüsie	4.10	17:51	4:21	3	1:28	12	2:45	19.80	2:09:41	6:32	4	18:13	18	28:04
Loddenke	3.10	14:44	4:45	5	1:16	21	2:37	22.90	2:24:25	6:18	4	19:29	17	30:41
Ilseburg/Markt	3.30	17:21	5:15	5	2:00	31	3:21	26.20	2:41:46	6:10	4	21:24	17	32:50