



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Kaschorek, Maike

Club: Pingpank Running
Number: 240

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 2:42:37

Speed: 9.67 km/h
Running performance: 6:13 min/km

Rank in course/Total: 301 (of 581)

Rank in course/Women: 19 (of 106)

Best time in course: 2:08:56

Rank in category: 2(of 19)

Best time in the category: 2:36:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	19:58	6:03	2	0:33	22	4:10	3.30	19:58	6:03	2	0:33	22	4:10
Schlüsie	3.10	21:54	7:03	2	1:13	24	5:19	6.40	41:52	6:32	2	0:53	23	9:24
Hermannsklippe	2.60	19:42	7:34	3	1:29	27	5:07	9.00	1:01:34	6:50	2	2:22	27	14:31
Brocken	3.10	34:17	11:03	5	5:04	40	10:08	12.10	1:35:51	7:55	3	5:40	28	24:32
Eiserner Handwe	3.60	18:28	5:07	1	-	14	3:16	15.70	1:54:19	7:16	2	5:14	23	27:48
Schlüsie	4.10	18:05	4:24	2	0:09	17	2:59	19.80	2:12:24	6:41	2	5:23	21	30:47
Loddenke	3.10	14:02	4:31	2	0:25	11	1:55	22.90	2:26:26	6:23	2	5:48	19	32:42
Ilseburg/Markt	3.30	16:11	4:54	2	0:28	16	2:11	26.20	2:42:37	6:12	2	6:16	19	33:41