



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Kreibohm, Sabrina

Club: MTV Goslar  
Number: 278

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 2:43:13

Speed: 9.56 km/h  
Running performance: 6:14 min/km

Rank in course/Total: 306 (of 581)

Rank in course/Women: 20 (of 106)

Best time in course: 2:08:56

Rank in category: 3(of 11)

Best time in the category: 2:13:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Loddenke	3.30	20:02	6:04	5	26	4:05	4:14	3.30	20:02	6:04	5	26	4:05	4:14
Schlüsie	3.10	21:49	7:02	5	22	4:14	5:14	6.40	41:51	6:32	5	22	8:19	9:23
Hermannsklippe	2.60	19:14	7:23	4	20	3:49	4:39	9.00	1:01:05	6:47	5	23	12:08	14:02
Brocken	3.10	33:23	10:46	5	31	7:55	9:14	12.10	1:34:28	7:48	4	22	20:03	23:09
Eiserner Handwe	3.60	18:49	5:13	4	18	1:55	3:37	15.70	1:53:17	7:12	4	20	21:58	26:46
Schlüsie	4.10	18:36	4:32	5	27	2:34	3:30	19.80	2:11:53	6:39	4	20	24:32	30:16
Loddenke	3.10	14:45	4:45	3	22	2:13	2:38	22.90	2:26:38	6:24	4	21	26:45	32:54
Ilseburg/Markt	3.30	16:35	5:01	3	23	2:35	2:35	26.20	2:43:13	6:13	3	20	29:20	34:17