



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Tronnier, Yvette

Club: Benneckenstein
Number: 519

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:44:34

Speed: 9.55 km/h
Running performance: 6:17 min/km

Rank in course/Total: 314 (of 581)

Rank in course/Women: 23 (of 106)

Best time in course: 2:08:56

Rank in category: 6(of 26)

Best time in the category: 2:19:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:00	6:03	5	3:30	24	4:12	3.30	20:00	6:03	5	3:30	24	4:12
Schlüsie	3.10	21:59	7:05	7	3:48	26	5:24	6.40	41:59	6:33	6	7:18	25	9:31
Hermannsklippe	2.60	19:34	7:31	8	3:21	26	4:59	9.00	1:01:33	6:50	7	10:39	26	14:30
Brocken	3.10	34:05	10:59	10	6:55	38	9:56	12.10	1:35:38	7:54	7	17:02	26	24:19
Eiserner Handwe	3.60	19:42	5:28	8	3:43	26	4:30	15.70	1:55:20	7:20	8	20:45	27	28:49
Schlüsie	4.10	18:18	4:27	7	1:52	23	3:12	19.80	2:13:38	6:44	8	22:37	27	32:01
Loddenke	3.10	14:33	4:41	6	1:21	19	2:26	22.90	2:28:11	6:28	7	23:58	25	34:27
Ilseburg/Markt	3.30	16:23	4:57	6	1:32	18	2:23	26.20	2:44:34	6:16	6	25:30	23	35:38