



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Mai, Tina

Club: Fun Runners Benneckenstein
Number: 322

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:45:47

Speed: 9.48 km/h
Running performance: 6:20 min/km

Rank in course/Total: 328 (of 581)

Rank in course/Women: 28 (of 106)

Best time in course: 2:08:56

Rank in category: 5(of 11)

Best time in the category: 2:13:53

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Loddenke | 3.30 | 20:16 | 6:08 | 6 | 4:19 | 30 | 4:28 | 3.30 | 20:16 | 6:08 | 6 | 4:19 | 30 | 4:28 |
| Schlüsie | 3.10 | 23:03 | 7:26 | 6 | 5:28 | 39 | 6:28 | 6.40 | 43:19 | 6:46 | 6 | 9:47 | 31 | 10:51 |
| Hermannsklippe | 2.60 | 20:22 | 7:49 | 6 | 4:57 | 33 | 5:47 | 9.00 | 1:03:41 | 7:04 | 6 | 14:44 | 33 | 16:38 |
| Brocken | 3.10 | 32:54 | 10:36 | 4 | 7:26 | 27 | 8:45 | 12.10 | 1:36:35 | 7:58 | 6 | 22:10 | 32 | 25:16 |
| Eiserner Handwe | 3.60 | 19:05 | 5:18 | 5 | 2:11 | 22 | 3:53 | 15.70 | 1:55:40 | 7:22 | 6 | 24:21 | 30 | 29:09 |
| Schlüsie | 4.10 | 18:07 | 4:25 | 4 | 2:05 | 19 | 3:01 | 19.80 | 2:13:47 | 6:45 | 6 | 26:26 | 28 | 32:10 |
| Loddenke | 3.10 | 15:12 | 4:54 | 4 | 2:40 | 29 | 3:05 | 22.90 | 2:28:59 | 6:30 | 5 | 29:06 | 28 | 35:15 |
| Ilseburg/Markt | 3.30 | 16:48 | 5:05 | 4 | 2:48 | 24 | 2:48 | 26.20 | 2:45:47 | 6:19 | 5 | 31:54 | 28 | 36:51 |