



49. Brockenlauf Ilseburg / 07.09.2019

Detailed evaluation

Kirchmann, Fabian

Number: 249

Course: 26.20 km

26,2 km - Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:46:29

Speed: 9.44 km/h

Running performance: 6:21 min/km

Rank in course/Total: 335 (of 581)

Rank in course/Men: 307 (of 475)

Best time in course: 1:39:32

Rank in category: 43(of 68)

Best time in the category: 1:51:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:16	6:26	55	7:25	360	8:12	3.30	21:16	6:26	55	7:25	360	8:12
Schlüsse	3.10	22:07	7:08	53	7:14	346	8:29	6.40	43:23	6:46	52	14:35	352	16:40
Hermannsklippe	2.60	18:35	7:08	37	5:52	286	7:11	9.00	1:01:58	6:53	47	20:27	332	23:51
Brocken	3.10	31:41	10:13	39	10:34	293	13:38	12.10	1:33:39	7:44	43	31:01	315	37:29
Eiserner Handwe	3.60	20:30	5:41	47	7:16	312	8:38	15.70	1:54:09	7:16	44	38:16	312	46:07
Schlüsse	4.10	19:25	4:44	39	6:28	292	7:51	19.80	2:13:34	6:44	44	44:40	312	53:58
Loddenke	3.10	16:58	5:28	52	6:21	373	7:39	22.90	2:30:32	6:34	45	51:01	318	1:01:37
Ilseburg/Markt	3.30	15:57	4:49	28	4:02	220	5:20	26.20	2:46:29	6:21	43	55:03	307	1:06:57