



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Marske, Oliver

Club: LG Los Amigos
Number: 326

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:46:54

Speed: 9.42 km/h
Running performance: 6:22 min/km

Rank in course/Total: 341 (of 581)

Rank in course/Men: 313 (of 475)

Best time in course: 1:39:32

Rank in category: 45(of 68)

Best time in the category: 1:51:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:42	5:58	37	5:51	264	6:38	3.30	19:42	5:58	37	5:51	264	6:38
Schlüsie	3.10	21:36	6:58	45	6:43	315	7:58	6.40	41:18	6:27	40	12:30	282	14:35
Hermannsklippe	2.60	18:50	7:14	38	6:07	294	7:26	9.00	1:00:08	6:40	39	18:37	292	22:01
Brocken	3.10	33:32	10:49	49	12:25	345	15:29	12.10	1:33:40	7:44	44	31:02	316	37:30
Eiserner Handwe	3.60	21:45	6:02	54	8:31	360	9:53	15.70	1:55:25	7:21	49	39:32	329	47:23
Schlüsie	4.10	19:26	4:44	40	6:29	295	7:52	19.80	2:14:51	6:48	47	45:57	323	55:15
Loddenke	3.10	15:10	4:53	33	4:33	273	5:51	22.90	2:30:01	6:33	44	50:30	316	1:01:06
Ilseburg/Markt	3.30	16:53	5:06	35	4:58	282	6:16	26.20	2:46:54	6:22	45	55:28	313	1:07:22