



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Dickehut, Nancy

Club: Brockenlaufverein
Number: 100

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 2:47:24

Speed: 9.32 km/h
Running performance: 6:23 min/km

Rank in course/Total: 344 (of 581)

Rank in course/Women: 29 (of 106)

Best time in course: 2:08:56

Rank in category: 5(of 11)

Best time in the category: 2:08:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	18:42	5:40	3	2:49	9	2:54	3.30	18:42	5:40	3	2:49	9	2:54
Schlüsie	3.10	21:38	6:58	3	5:03	20	5:03	6.40	40:20	6:18	3	7:52	13	7:52
Hermannsklippe	2.60	19:47	7:36	4	5:12	28	5:12	9.00	1:00:07	6:40	4	13:04	19	13:04
Brocken	3.10	35:01	11:17	5	10:45	49	10:52	12.10	1:35:08	7:51	4	23:49	24	23:49
Eiserner Handwe	3.60	20:23	5:39	5	5:11	36	5:11	15.70	1:55:31	7:21	5	29:00	28	29:00
Schlüsie	4.10	18:31	4:30	4	3:25	26	3:25	19.80	2:14:02	6:46	5	32:25	29	32:25
Loddenke	3.10	15:20	4:56	5	3:13	31	3:13	22.90	2:29:22	6:31	5	35:38	30	35:38
Ilseburg/Markt	3.30	18:02	5:27	7	2:57	44	4:02	26.20	2:47:24	6:23	5	38:28	29	38:28