



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Püschel, Silvio

Club: Hetzdorfer SV 1990  
Number: 392

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:47:27

Speed: 9.32 km/h  
Running performance: 6:23 min/km

Rank in course/Total: 345 (of 581)

Rank in course/Men: 316 (of 475)

Best time in course: 1:39:32

Rank in category: 51(of 67)

Best time in the category: 1:39:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:16	5:50	37	6:11	236	6:12	3.30	19:16	5:50	37	6:11	236	6:12
Schlüsie	3.10	20:03	6:28	37	6:25	216	6:25	6.40	39:19	6:08	38	12:36	225	12:36
Hermannsklippe	2.60	18:08	6:58	43	6:44	250	6:44	9.00	57:27	6:23	37	19:20	234	19:20
Brocken	3.10	33:54	10:56	60	15:51	359	15:51	12.10	1:31:21	7:32	48	35:11	291	35:11
Eiserner Handwe	3.60	21:06	5:51	52	9:14	340	9:14	15.70	1:52:27	7:09	49	44:25	299	44:25
Schlüsie	4.10	19:58	4:52	47	8:24	314	8:24	19.80	2:12:25	6:41	49	52:49	298	52:49
Loddenke	3.10	15:37	5:02	47	6:18	312	6:18	22.90	2:28:02	6:27	50	59:07	296	59:07
Ilseburg/Markt	3.30	19:25	5:53	59	8:48	389	8:48	26.20	2:47:27	6:23	51	1:07:55	316	1:07:55