



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Fübbeker, Hans

Club: LLG Springe
Number: 155

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:48:29

Speed: 9.26 km/h
Running performance: 6:26 min/km

Rank in course/Total: 352 (of 581)

Rank in course/Men: 321 (of 475)

Best time in course: 1:39:32

Rank in category: 54(of 77)

Best time in the category: 1:59:26

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:41	6:16	56	6:45	320	7:37	3.30	20:41	6:16	56	6:45	320	7:37
Schlüsie	3.10	21:17	6:51	51	5:49	299	7:39	6.40	41:58	6:33	53	12:34	306	15:15
Hermannsklippe	2.60	20:06	7:43	58	6:35	354	8:42	9.00	1:02:04	6:53	57	19:00	335	23:57
Brocken	3.10	34:18	11:03	59	12:50	377	16:15	12.10	1:36:22	7:57	58	31:50	352	40:12
Eiserner Handwe	3.60	20:26	5:40	50	6:01	309	8:34	15.70	1:56:48	7:26	56	37:06	342	48:46
Schlüsie	4.10	18:57	4:37	43	4:50	271	7:23	19.80	2:15:45	6:51	55	41:21	328	56:09
Loddenke	3.10	15:40	5:03	52	4:00	316	6:21	22.90	2:31:25	6:36	55	45:08	322	1:02:30
Ilseburg/Markt	3.30	17:04	5:10	50	4:02	294	6:27	26.20	2:48:29	6:25	54	49:03	321	1:08:57