49. Brockenlauf
Ilsenburg / 07.09.2019

Detailed evaluation

Wagenknecht, Sven

Club: Sangerhausen
Number: 535

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:48:47

Speed: 9.31 km/h
Running performance: 6:26 min/km

Rank in course/Total: 353 (of 581)
Rank in course/Men: 322 (of 475)
Best time in course: 1:39:32

Rank in category: 46(of 68)
Best time in the category: 1:51:26

Intermediate times

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	Stage score							Total ranking						
Loddenke	3.30	21:44	6:35	60	7:53	392	8:40	3.30	21:44	6:35	60	7:53	392	8:40
Schlüsie	3.10	21:36	6:58	45	6:43	315	7:58	6.40	43:20	6:46	51	14:32	349	16:37
Hermannsklippe	2.60	19:18	7:25	45	6:35	319	7:54	9.00	1:02:38	6:57	50	21:07	341	24:31
Brocken	3.10	33:32	10:49	49	12:25	345	15:29	12.10	1:36:10	7:56	52	33:32	351	40:00
Eiserner Handwe	3.60	20:09	5:35	44	6:55	298	8:17	15.70	1:56:19	7:24	52	40:26	339	48:17
Schlüsie	4.10	19:26	4:44	40	6:29	295	7:52	19.80	2:15:45	6:51	48	46:51	328	56:09
Loddenke	3.10	15:24	4:58	40	4:47	294	6:05	22.90	2:31:09	6:36	46	51:38	320	1:02:14
Ilsenburg/Markt	3.30	17:38	5:20	42	5:43	320	7:01	26.20	2:48:47	6:26	46	57:21	322	1:09:15