



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Eyermann, Heike

Club: Brockenlaufverein
Number: 136

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:49:17

Speed: 9.22 km/h
Running performance: 6:28 min/km

Rank in course/Total: 354 (of 581)

Rank in course/Women: 32 (of 106)

Best time in course: 2:08:56

Rank in category: 9(of 26)

Best time in the category: 2:19:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:00	6:03	5	3:30	24	4:12	3.30	20:00	6:03	5	3:30	24	4:12
Schlüsie	3.10	21:55	7:04	6	3:44	25	5:20	6.40	41:55	6:32	5	7:14	24	9:27
Hermannsklippe	2.60	19:30	7:30	7	3:17	24	4:55	9.00	1:01:25	6:49	6	10:31	25	14:22
Brocken	3.10	34:14	11:02	11	7:04	39	10:05	12.10	1:35:39	7:54	8	17:03	27	24:20
Eiserner Handwe	3.60	19:54	5:31	9	3:55	31	4:42	15.70	1:55:33	7:21	9	20:58	29	29:02
Schlüsie	4.10	19:24	4:43	9	2:58	35	4:18	19.80	2:14:57	6:48	9	23:56	31	33:20
Loddenke	3.10	15:59	5:09	10	2:47	40	3:52	22.90	2:30:56	6:35	9	26:43	31	37:12
Ilseburg/Markt	3.30	18:21	5:33	13	3:30	53	4:21	26.20	2:49:17	6:27	9	30:13	32	40:21