



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Budde, Andrea

Club: Weste
Number: 90

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:49:59

Speed: 9.25 km/h
Running performance: 6:29 min/km

Rank in course/Total: 360 (of 581)

Rank in course/Women: 33 (of 106)

Best time in course: 2:08:56

Rank in category: 10(of 26)

Best time in the category: 2:19:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:48	6:18	8	4:18	34	5:00	3.30	20:48	6:18	8	4:18	34	5:00
Schlüsie	3.10	22:48	7:21	10	4:37	35	6:13	6.40	43:36	6:48	9	8:55	32	11:08
Hermannsklippe	2.60	20:12	7:46	10	3:59	31	5:37	9.00	1:03:48	7:05	10	12:54	34	16:45
Brocken	3.10	33:06	10:40	7	5:56	29	8:57	12.10	1:36:54	8:00	10	18:18	36	25:35
Eiserner Handwe	3.60	19:23	5:23	7	3:24	23	4:11	15.70	1:56:17	7:24	10	21:42	33	29:46
Schlüsie	4.10	20:02	4:53	11	3:36	44	4:56	19.80	2:16:19	6:53	10	25:18	33	34:42
Loddenke	3.10	16:10	5:12	12	2:58	44	4:03	22.90	2:32:29	6:39	10	28:16	33	38:45
Ilseburg/Markt	3.30	17:30	5:18	9	2:39	34	3:30	26.20	2:49:59	6:29	10	30:55	33	41:03