



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Karnahl, Eckhard

Club: Gerbstedt / OT Augsdorf
Number: 239

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:50:40

Speed: 9.14 km/h
Running performance: 6:31 min/km

Rank in course/Total: 364 (of 581)

Rank in course/Men: 331 (of 475)

Best time in course: 1:39:32

Rank in category: 22(of 40)

Best time in the category: 2:17:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:43	5:40	16	1:54	207	5:39	3.30	18:43	5:40	16	1:54	207	5:39
Schlüsie	3.10	22:27	7:14	22	3:58	361	8:49	6.40	41:10	6:25	19	5:11	277	14:27
Hermannsklippe	2.60	20:38	7:56	26	5:04	372	9:14	9.00	1:01:48	6:51	21	10:00	328	23:41
Brocken	3.10	34:00	10:58	22	8:47	365	15:57	12.10	1:35:48	7:55	21	18:47	348	39:38
Eiserner Handwe	3.60	19:54	5:31	23	4:18	281	8:02	15.70	1:55:42	7:22	21	21:25	332	47:40
Schlüsie	4.10	22:29	5:29	33	7:25	410	10:55	19.80	2:18:11	6:58	23	28:09	346	58:35
Loddenke	3.10	15:07	4:52	20	2:21	270	5:48	22.90	2:33:18	6:41	23	30:30	338	1:04:23
Ilseburg/Markt	3.30	17:22	5:15	22	2:59	310	6:45	26.20	2:50:40	6:30	22	33:21	331	1:11:08