



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Hagelueken, Joern

Club: SV Blau Weiss Voerden
Number: 183

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:51:25

Speed: 9.10 km/h
Running performance: 6:32 min/km

Rank in course/Total: 368 (of 581)

Rank in course/Men: 335 (of 475)

Best time in course: 1:39:32

Rank in category: 52(of 67)

Best time in the category: 1:39:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:32	6:13	51	7:27	312	7:28	3.30	20:32	6:13	51	7:27	312	7:28
Schlüsie	3.10	21:30	6:56	51	7:52	311	7:52	6.40	42:02	6:34	53	15:19	312	15:19
Hermannsklippe	2.60	18:51	7:15	50	7:27	295	7:27	9.00	1:00:53	6:45	50	22:46	308	22:46
Brocken	3.10	32:49	10:35	55	14:46	321	14:46	12.10	1:33:42	7:44	55	37:32	317	37:32
Eiserner Handwe	3.60	22:35	6:16	60	10:43	383	10:43	15.70	1:56:17	7:24	56	48:15	338	48:15
Schlüsie	4.10	20:33	5:00	51	8:59	344	8:59	19.80	2:16:50	6:54	55	57:14	337	57:14
Loddenke	3.10	16:37	5:21	55	7:18	363	7:18	22.90	2:33:27	6:42	53	1:04:32	340	1:04:32
Ilseburg/Markt	3.30	17:58	5:26	51	7:21	333	7:21	26.20	2:51:25	6:32	52	1:11:53	335	1:11:53