



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Holub, Ulrich

Club: SV Kyffhäuser
Number: 16

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:51:51

Speed: 9.08 km/h
Running performance: 6:34 min/km

Rank in course/Total: 370 (of 581)

Rank in course/Men: 337 (of 475)

Best time in course: 1:39:32

Rank in category: 42(of 59)

Best time in the category: 2:07:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Loddenke	3.30	19:11	5:48	29	3:19	232	6:07	3.30	19:11	5:48	29	3:19	232	6:07
Schlüsie	3.10	23:06	7:27	45	6:29	383	9:28	6.40	42:17	6:36	37	9:48	321	15:34
Hermannsklippe	2.60	21:15	8:10	48	6:41	396	9:51	9.00	1:03:32	7:03	44	16:29	363	25:25
Brocken	3.10	34:29	11:07	48	10:02	382	16:26	12.10	1:38:01	8:06	45	26:31	368	41:51
Eiserner Handwe	3.60	19:08	5:18	25	4:15	246	7:16	15.70	1:57:09	7:27	42	30:46	344	49:07
Schlüsie	4.10	19:31	4:45	31	4:44	299	7:57	19.80	2:16:40	6:54	41	35:15	335	57:04
Loddenke	3.10	16:14	5:14	45	4:02	346	6:55	22.90	2:32:54	6:40	41	39:14	334	1:03:59
Ilseburg/Markt	3.30	18:57	5:44	47	5:09	373	8:20	26.20	2:51:51	6:33	42	44:22	337	1:12:19