



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Schaper, Christian

Club: Dänischenhagen
Number: 433

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:52:24

Speed: 9.05 km/h
Running performance: 6:35 min/km

Rank in course/Total: 374 (of 581)

Rank in course/Men: 339 (of 475)

Best time in course: 1:39:32

Rank in category: 54(of 67)

Best time in the category: 1:39:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:56	6:02	46	6:51	275	6:52	3.30	19:56	6:02	46	6:51	275	6:52
Schlüsie	3.10	21:36	6:58	52	7:58	315	7:58	6.40	41:32	6:29	48	14:49	289	14:49
Hermannsklippe	2.60	21:18	8:11	63	9:54	400	9:54	9.00	1:02:50	6:58	56	24:43	348	24:43
Brocken	3.10	33:36	10:50	59	15:33	348	15:33	12.10	1:36:26	7:58	58	40:16	353	40:16
Eiserner Handwe	3.60	20:14	5:37	50	8:22	300	8:22	15.70	1:56:40	7:25	57	48:38	341	48:38
Schlüsie	4.10	22:18	5:26	62	10:44	405	10:44	19.80	2:18:58	7:01	58	59:22	351	59:22
Loddenke	3.10	15:01	4:50	43	5:42	262	5:42	22.90	2:33:59	6:43	54	1:05:04	342	1:05:04
Ilseburg/Markt	3.30	18:25	5:34	53	7:48	350	7:48	26.20	2:52:24	6:34	54	1:12:52	339	1:12:52