



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Schaper, Gerfried

Club: Dänischenhagen
Number: 434

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 2:52:24

Speed: 9.05 km/h
Running performance: 6:35 min/km

Rank in course/Total: 375 (of 581)

Rank in course/Men: 339 (of 475)

Best time in course: 1:39:32

Rank in category: 6(of 15)

Best time in the category: 2:31:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:57	6:02	3	1:40	277	6:53	3.30	19:57	6:02	3	1:40	277	6:53
Schlüsie	3.10	fehlt!	-	-	-	-	-	6.40	-	-	-	-	-	-
Hermannsklippe	2.60	40:48	15:41	15	23:42	475	29:24	9.00	1:00:45	6:45	4	5:14	305	22:38
Brocken	3.10	36:07	11:39	10	9:12	411	18:04	12.10	1:36:52	8:00	6	13:34	359	40:42
Eiserner Handwe	3.60	19:41	5:28	4	1:49	274	7:49	15.70	1:56:33	7:25	6	14:03	340	48:31
Schlüsie	4.10	20:24	4:58	6	2:57	335	8:50	19.80	2:16:57	6:55	6	17:00	339	57:21
Loddenke	3.10	16:05	5:11	7	2:43	335	6:46	22.90	2:33:02	6:40	6	18:13	335	1:04:07
Ilseburg/Markt	3.30	19:22	5:52	9	4:18	385	8:45	26.20	2:52:24	6:34	6	20:48	339	1:12:52