



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Meisel, Ralph

Club: Domsühl
Number: 332

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:52:35

Speed: 9.04 km/h
Running performance: 6:35 min/km

Rank in course/Total: 378 (of 581)

Rank in course/Men: 341 (of 475)

Best time in course: 1:39:32

Rank in category: 25(of 40)

Best time in the category: 2:17:19

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 21:04 | 6:23 | 25 | 4:15 | 347 | 8:00 | 3.30 | 21:04 | 6:23 | 25 | 4:15 | 347 | 8:00 |
| Schlüsie | 3.10 | 22:18 | 7:11 | 21 | 3:49 | 356 | 8:40 | 6.40 | 43:22 | 6:46 | 25 | 7:23 | 351 | 16:39 |
| Hermannsklippe | 2.60 | 20:34 | 7:54 | 25 | 5:00 | 369 | 9:10 | 9.00 | 1:03:56 | 7:06 | 23 | 12:08 | 367 | 25:49 |
| Brocken | 3.10 | 36:41 | 11:49 | 30 | 11:28 | 419 | 18:38 | 12.10 | 1:40:37 | 8:18 | 27 | 23:36 | 389 | 44:27 |
| Eiserner Handwe | 3.60 | 19:53 | 5:31 | 22 | 4:17 | 280 | 8:01 | 15.70 | 2:00:30 | 7:40 | 25 | 26:13 | 369 | 52:28 |
| Schlüsie | 4.10 | 18:59 | 4:37 | 23 | 3:55 | 275 | 7:25 | 19.80 | 2:19:29 | 7:02 | 25 | 29:27 | 354 | 59:53 |
| Loddenke | 3.10 | 15:13 | 4:54 | 22 | 2:27 | 277 | 5:54 | 22.90 | 2:34:42 | 6:45 | 24 | 31:54 | 349 | 1:05:47 |
| Ilseburg/Markt | 3.30 | 17:53 | 5:25 | 25 | 3:30 | 332 | 7:16 | 26.20 | 2:52:35 | 6:35 | 25 | 35:16 | 341 | 1:13:03 |