



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Meisel, Ralph

Club: Domsühl
Number: 332

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:52:35

Speed: 9.11 km/h
Running performance: 6:35 min/km

Rank in course/Total: 378 (of 581)

Rank in course/Men: 341 (of 475)

Best time in course: 1:39:32

Rank in category: 25(of 40)

Best time in the category: 2:17:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:04	6:23	25	4:15	347	8:00	3.30	21:04	6:23	25	4:15	347	8:00
Schlüsie	3.10	22:18	7:11	21	3:49	356	8:40	6.40	43:22	6:46	25	7:23	351	16:39
Hermannsklippe	2.60	20:34	7:54	25	5:00	369	9:10	9.00	1:03:56	7:06	23	12:08	367	25:49
Brocken	3.10	36:41	11:49	30	11:28	419	18:38	12.10	1:40:37	8:18	27	23:36	389	44:27
Eiserner Handwe	3.60	19:53	5:31	22	4:17	280	8:01	15.70	2:00:30	7:40	25	26:13	369	52:28
Schlüsie	4.10	18:59	4:37	23	3:55	275	7:25	19.80	2:19:29	7:02	25	29:27	354	59:53
Loddenke	3.10	15:13	4:54	22	2:27	277	5:54	22.90	2:34:42	6:45	24	31:54	349	1:05:47
Ilseburg/Markt	3.30	17:53	5:25	25	3:30	332	7:16	26.20	2:52:35	6:35	25	35:16	341	1:13:03