



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Bethe, Andreas

Number: 611

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:53:09

Speed: 9.01 km/h
Running performance: 6:37 min/km

Rank in course/Total: 384 (of 581)

Rank in course/Men: 347 (of 475)

Best time in course: 1:39:32

Rank in category: 52(of 68)

Best time in the category: 1:51:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:19	6:27	56	7:28	365	8:15	3.30	21:19	6:27	56	7:28	365	8:15
Schlüsie	3.10	22:25	7:13	54	7:32	360	8:47	6.40	43:44	6:49	55	14:56	365	17:01
Hermannsklippe	2.60	19:02	7:19	43	6:19	309	7:38	9.00	1:02:46	6:58	53	21:15	345	24:39
Brocken	3.10	32:19	10:25	44	11:12	313	14:16	12.10	1:35:05	7:51	50	32:27	333	38:55
Eiserner Handwe	3.60	20:51	5:47	51	7:37	332	8:59	15.70	1:55:56	7:23	51	40:03	333	47:54
Schlüsie	4.10	21:13	5:10	53	8:16	377	9:39	19.80	2:17:09	6:55	51	48:15	340	57:33
Loddenke	3.10	17:09	5:31	56	6:32	387	7:50	22.90	2:34:18	6:44	52	54:47	346	1:05:23
Ilseburg/Markt	3.30	18:51	5:42	55	6:56	368	8:14	26.20	2:53:09	6:36	52	1:01:43	347	1:13:37