



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Amesbauer, Magnus

Club: Non Stop Ultra Brakel
Number: 36

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:53:18

Speed: 9.07 km/h
Running performance: 6:37 min/km

Rank in course/Total: 387 (of 581)

Rank in course/Men: 350 (of 475)

Best time in course: 1:39:32

Rank in category: 57(of 67)

Best time in the category: 1:39:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Total		Total		Pos		Behind	
				Cat.	Men	Men	Men	km	Time	min/km	Cat.	Men	Men				
Loddenke	3.30	20:16	6:08	48	295	7:11	7:12	3.30	20:16	6:08	48	295	7:11	7:12	48	295	7:12
Schlüsie	3.10	21:45	7:00	53	327	8:07	8:07	6.40	42:01	6:33	52	310	15:18	15:18	310	310	15:18
Hermannsklippe	2.60	19:28	7:29	55	329	8:04	8:04	9.00	1:01:29	6:49	53	320	23:22	23:22	320	320	23:22
Brocken	3.10	31:38	10:12	51	290	13:35	13:35	12.10	1:33:07	7:41	53	309	36:57	36:57	309	309	36:57
Eiserner Handwe	3.60	21:15	5:54	53	342	9:23	9:23	15.70	1:54:22	7:17	53	313	46:20	46:20	313	313	46:20
Schlüsie	4.10	22:18	5:26	62	405	10:44	10:44	19.80	2:16:40	6:54	54	335	57:04	57:04	335	335	57:04
Loddenke	3.10	17:40	5:41	59	404	8:21	8:21	22.90	2:34:20	6:44	56	347	1:05:25	1:05:25	347	347	1:05:25
Ilseburg/Markt	3.30	18:58	5:44	55	375	8:21	8:21	26.20	2:53:18	6:36	57	350	1:13:46	1:13:46	350	350	1:13:46